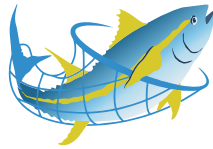


ONE NET



ONE NETWORK
CARIBBEAN HEADQUARTERS

LUXURY SPORTS FISHING CHARTERS

Cuisine

SAMPLE MENU

Breakfast

- Eggs served any style with home fries and choice of bacon, ham, sausage or turkey bacon
- Brioche French toast with strawberries and whipped cream
- Banana and chocolate chip pancakes
- Fruit and yogurt parfait
- English muffin covered in peanut butter, banana, raw honey and cinnamon
- Tomato, feta and basil frittata garnished with organic arugula and balsamic vinegar
- Fresh coconut water, kombucha and fruit juices

Lunch

- Fresh tuna tartar with artisanal banana chips
- Mixed sushi roles featuring freshly caught fish, mango and avocado
- Island Cobb salad with a creamy avocado dressing and a side of blackened Mahi Mahi or Tuna
- Caribbean spinach and shrimp salad with strawberries and a mango chardonnay vinaigrette dressing
- Blackened fish of the day on brioche, grilled or toasted with cole slaw
- Grilled marinated flank steak with roasted zucchini
- Fresh fish tacos with mango salsa and guacamole
- Gourmet wraps - boar's head assorted meat and cheese
- Marinated grilled lamb kababs with Greek pasta salad

Starters

- Fresh Mahi Mahi, Yellow Fin Tuna or Wahoo sashimi
- Charcuterie board with artisanal cheeses, fruit, aged meats and crackers
- Watermelon and feta bites drizzled with balsamic glaze
- Shrimp cocktail with a tequila lime sauce
- Cheese or chicken quesadillas with salsa and sour cream
- Chef's ceviche
- Coconut crusted butterflied shrimp with a sweet chili sauce
- Fresh Yellow Fin Tuna carpaccio with avocado
- Spinach artichoke dip served with warm French bread
- Kale and arugula pesto pinwheels
- Crab cakes
- Bruschetta on crunchy French bread

Dinner

- Grilled to perfection rib eye with garlic mashed red potatoes and red wine mushroom sauce
- Seared Tuna sashimi with jasmine rice and roasted asparagus
- Seafood soup in fresh coconut milk and lemongrass with cilantro rice
- Pineapple ginger grilled chicken with chorizo and parmesan stuffed bell peppers
- Fish curry with mashed potatoes and grilled pineapple
- Shrimp and vegetable kababs with grilled catch of the day
- Four cheese formaggi with fettuccini and chicken or shrimp

Dessert

- Tiramisu
- Coconut flan
- Banana bread
- Pineapple carrot cake
- Dark chocolate and dried fruit assortment
- Apple crisp
- Chocolate mouse
- Tres leches

